


 <p>DIPARTIMENTO DI PSICOLOGIA DEI PROCESSI DI SVILUPPO E SOCIALIZZAZIONE</p> <p><b>SAPIENZA</b> UNIVERSITÀ DI ROMA</p>	<p><b>International Thematic Workshop</b></p> <p><i>Migration studies and inclusive policies from social, developmental and educational perspective</i></p>	 <p>MIGRATION DIVERSITY AND INCLUSIVE STRATEGIES</p>
<p><b>Rome (Italy), 21<sup>st</sup> – 23<sup>rd</sup> September 2020</b></p>		

### Invited Lecturer Form

PERSONAL INFORMATION	
Family Name	Giorgia
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INSTITUTIONAL AFFILIATION	
Invited Lecturer's role:	<input checked="" type="checkbox"/> <b>Researcher</b>
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Short Profile (100 words) to be published in the on-line Proceedings	
	<p>Researcher in Dynamic Psychology, Department of Humanities, University of Naples Federico II. Since 2008 she has been teaching <i>Dynamic Psychology</i> in the Magisterial Degree Course of <i>Clinical Psychology</i>. Member of the PhD Board in “Mind, Gender and Languages”, University of Naples Federico II.</p> <p>Group Psychoanalyst Member of I.I.P.G. Italian Institute of Psychoanalysis Group, and E.F.P.P. European Federation for Psychoanalytic Psychotherapy in the Public Sector. Scientific Supervisor of the project “<i>MIA- Modeling of Integration and Reception paths for women refugees victims of violence</i>” funded by Equal Opportunities Department. Her research activity is also concerned with Psychodynamic Group, Narrative, and with a Psychodynamic approach to traumatic experiences.</p> <p>e-mail: <a href="mailto:margheri@unina.it">margheri@unina.it</a></p>

### Beyond refugee trauma: “Traumatic field” in forced migration experience

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Traumatic experiences are “events” that hit and disorganize the psychic structure, interrupting the identity coherence. Evidence emerging from the field of refugee mental health has revealed that the traumatic events experienced by asylum seekers and refugees, generally interrelated and cumulative, lead to increased risk of psychological distress and psychopathology (Slewa-Younan et al. 2015; Rohlof et al., 2013). Nevertheless, it’s been also highlighted how important is to consider that the response to adversities varies from individual to individual, and includes a lot of factors (Thomas et al., 2011; Papadopoulos, 2007). According to us, to improve our understanding of the deep complexity of asylum seekers’ experience, diagnostic models need to be connected to models that focus on the relationship between individual needs and contextual factors. We present a study aimed to evaluate trauma and protective factors and to explore in-depth representations and meanings asylum seekers hosted in Italy attribute to their experiences. Results confirmed the need to go beyond the focus



## International Thematic Workshop

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on the 'refugee trauma' and adopt a multidimensional approach. In line with psychodynamic literature, the asylum seeker's experience is characterized by an identity fracture that appears in our results as a cultural identity fracture, an intra-psychic wound, which could characterize a "traumatic field" of experience that hinders the inviolable right to health. Reflections related to Covid - emergency will be outlined.

### List of publications related to the key lecture (APA format)

- Tessitore, F. & Margherita, G. (2020). Land of care seeking: pre- and post-migratory experiences in asylum seekers' narratives. *Community Psychology in Global Perspective*, 6(1), 58-75.
- Margherita, G. & Tessitore, F. (2019). From individual to social and relational dimensions in Asylum-Seekers' Narratives: a multidimensional approach. *European Journal of Psychotherapy and Counselling*. <http://dx.doi.org/10.1080/13642537.2019.1599977>
- Tessitore F. & Margherita, G. (2019). Female Nigerian Asylum Seekers in Italy: an exploration of gender identity dimensions through an interpretative phenomenological analysis. *Health Care for Women International*. <https://doi.org/10.1080/07399332.2019.1692849>
- Tessitore, F. & Margherita, G. (2017). A review of Asylum Seekers and Refugees in Italy: Where is the psychological research going?. *Mediterranean Journal of Clinical Psychology MJCP*, 5(2), 1-35 <http://dx.doi.org/10.6092/2282-1619/2017.5.1612>