



# **SEMINARIO** **“Speaking Up for the Quiet Ones: The Development and Implications of Shyness in Childhood”**



**Robert J. Coplan**  
**Visiting Professor**  
**Chancellor’s Professor - Department of Psychology**  
**Carleton University – Ottawa - Canada.**

For many children, it is a common experience to feel wary or nervous when meeting new people or feeling like they are the centre of attention. However, extremely shy children routinely experience fear and anxiety in social contexts to a degree that hinders their abilities to interact with others. This presentation will describe a program of research that has examined the role of shyness in children’s social, emotional, and academic development, including: (1) what is shyness? (2) why might we worry about shy children? (3) what factors impact upon the development of shyness in childhood? and (4) how can we best assist and support shy children to help them reach their potential?

**Giovedì 13 giugno 2024**  
**ore 10:30, Aula 3**

***Dipartimento di Psicologia dei processi di sviluppo e socializzazione***  
***Facoltà di Medicina e Psicologia - 00185 Roma***